## **USE OF FABRIC FACE** MASK IN THE SOCIETY



## THE MASK SHOULD BE PERSONAL. EACH INDIVIDUAL SHOULD USE HER/HIS MASK ONLY. The essential issue to be protected from COVID-19 is SOCIAL DISTANCING (3 TO **4 STEPS) and HAND SANITATION**



Wash your hands with water and normal soap for 20 to 30 seconds or scrub your hands with an alcohol-based hand antiseptic.



Use a face mask made of cotton fabric that fits your face and allows you to breathe comfortably.

Ensure that the mask fully covers your mouth and nose.



## Do not touch internal surface of the mask.

Put the mask on by holding the elastic ear bands or the threads tied behind the head. Use a suitable mask that fits to the face of your children.

**CAUTION: The fabric mask should** not be used for the children under the age of 2 years, the individuals with respiratory distress, unconscious individuals and those who have obstacle to put the mask on and take off.

Never use the mask by placing below the chin or on your head.



**Replace the moistened or** contaminated mask; keep more masks with you for this purpose

The mask should fit on these

areas and no space should be

left between your face and the

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Place clean and dirty masks in different nylon bags.

fabric

face



After taking off the mask

**BEFORE WASHING.** 

mask.

Do not touch internal and external surfaces.

If you will use after washing, put the mask into a clean nylon bag that you carry with you.

If you will not use the mask again, dispose.

After taking off the mask, wash your hands with water and soap for at least 20 seconds or scrub with alcohol-based hand antiseptic for 20 to 30 seconds.

WASH THE FABRIC FACE MASKS WITH WATER AND DETERGENT

AFTER TAKING OFF. DO NOT USE THE FABRIC FACE MASK AGAIN

the Wash masks that you have used with water and detergent



Take the mask off by avoiding touching the anterior surface of the mask which covers the nose, mouth and chin, and where intense exposure appears; holding from the ear bands. Do not contact with mouth, nose or eye.

Allow the mask to dry after washing, iron at high temperature and non-vaporized mode before use.



**Ministry of Health of Turkey** 

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