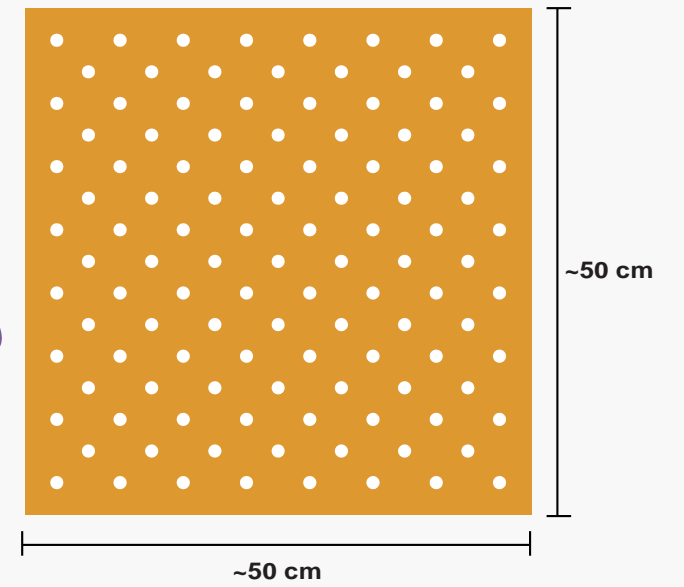
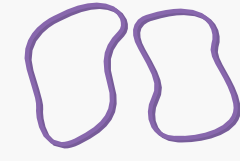


SEAMLESS FABRIC FACE MASK

How to do?

MATERIALS

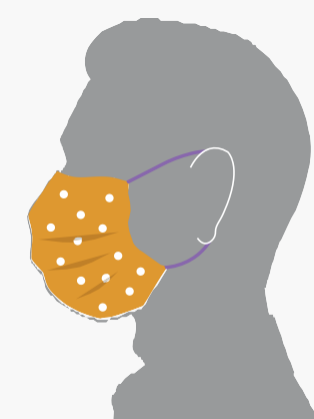
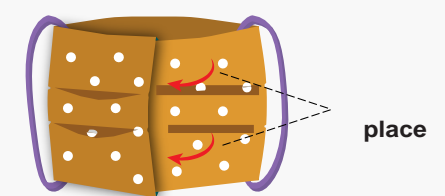
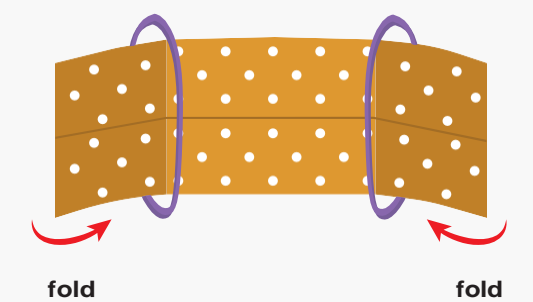
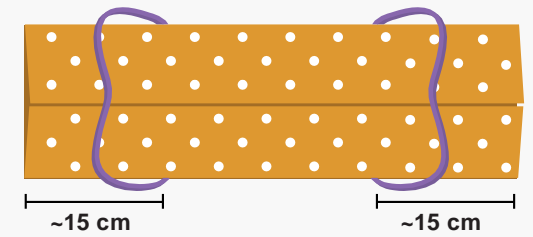
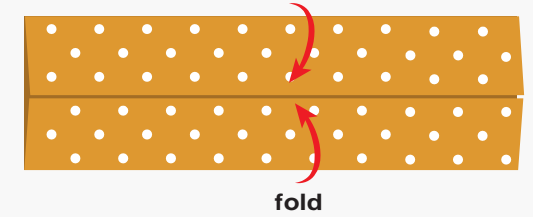
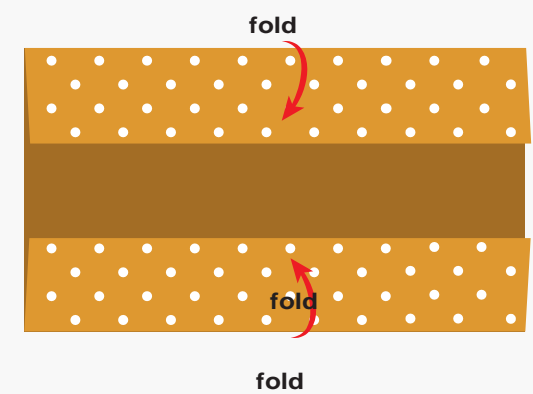
- A square-shaped cotton fabric with a side length of about 50 cm (i.e. scarf, bandana)
- 2 rubber bands or elastic hair grip



NOTE: The mask should fit onto the face of the wearer. The chin, mouth and nose should be covered by the mask, and there should be no space between the face and the mask.

PATTERN

- 1 Fold the cotton fabric inside by 10 cm on opposing edges.
- 2 You will have a rectangular-shaped fabric; then, fold the rectangular-shaped fabric again so that two longer edge would contact in the middle.
- 3 Thread the rubber bands or elastic hair grip from two short edges of the rectangular-shaped fabric. Leave a distance about 15 cm between the rubber bands and the short edges.
- 4 Re-fold the short edges inside.
- 5 To prevent unfolding, put one short edge inside the space of other short edge.
- 6 Hold the rubber bands and place on your ears and adjust to your face.



CAUTION

- Replace the moistened or contaminated mask; keep more masks with you for this purpose.
- Place clean and dirty masks in different nylon bags.
- Wash the fabric face masks that you have used with water and detergent.
- Do not reuse the fabric face mask before washing.
- **The fabric mask should not be used for the children under the age of 2 years, the individuals with respiratory distress, unconscious individuals and those who have obstacle to put the mask on and off.**



Ministry of Health of Turkey



/SaglikBakanligi